



**Where Competition Builds Character**  
**East Texas Baptist University**

Division of Student Engagement  
Tiger Intramural Sports

**2023 – 2024**

**Tiger Intramural Sports Handbook**

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# Contact Information

## Student Engagement

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## Director of Tiger Intramural Sports and Wellness

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## Philosophy

The East Texas Baptist University intramural program exists to build character through competition while supporting our students' holistic development. We strive to help students grow physically, socially, spiritually, and mentally through different avenues of competition by giving the opportunity to:

- Be physically active through participation in various sports
- Build friendships and community in co-curricular activities
- Grow and be challenged spiritually through practicing Christian standards on the field of play
- Think outside of the classroom in an exciting Christ-centered environment

## Risk Statement

The department of Student Engagement at East Texas Baptist University strives to conduct all activities in the most responsible/safest manner possible. However, due to the inherent risk of accident or injury in any physical activity, it is the responsibility of each participant to be aware that there are assumed risks involved in any level of participation. Before participating in any Tiger Intramural event, each participant must complete a waiver, which constitutes a release of liability and indemnification agreement.

## **Injuries:**

Participants are reminded that their participation is entirely voluntary. The Tiger Intramural staff assumes no responsibility for injuries during Tiger Intramural activities. Any participant receiving injuries during Tiger Intramural activities will receive first aid treatment as available or will be referred to seek appropriate medical aid.

## **Eligibility**

In order to participate in Tiger Intramurals, you must fall into one of the categories below:

- **Undergraduate Students** – Students who are enrolled in the University as a full-time student (12 hours)
- **Graduate Students** – Students who are enrolled in the University for one (1) or more graduate courses
- **Faculty and Staff Members** – Those who are eligible to use the Dean Healthplex
- **Spouses** – Faculty and Staff spouses who are eligible to use the Dean Healthplex

## **Restrictions and Exceptions:**

- **Team Limitations** – A player may represent only one team in any given sport unless he or she is competing in a single gender competitive league, recreational league, and co-rec league, if available. A player in violation of this restriction becomes an ineligible player.
- **Assumed Names** – No player may compete in a Tiger Intramural activity under any other name than their own. Players in violation will immediately become ineligible for any Tiger Intramural activity until reinstated by the Director of Tiger Intramurals.
- **Persons Ejected/Removed from the Tiger Intramural Activities** – Players, coaches, or spectators removed from a Tiger Intramural activity are ineligible to compete in any Tiger Intramural activity until reinstated by the Director of Tiger Intramurals.
- **Intercollegiate Athletes** – An individual who has participated/participating in a varsity sport at the University is still eligible to compete as long as they do not compete in the sport they are currently a member (ex. Football players may not participate in flag football unless they are no longer a member of the team). There are limitations to how many varsity players can be on each team and also on the field/court. These limitations will be posted within each sports rules on [IMLeagues.com](http://IMLeagues.com).

### **Ineligible Players:**

Teams may not play ineligible players even by mutual agreement of both team captains and other players in the contest. Such players shall be ineligible for all competition until reinstated.

The Tiger Intramural staff may forfeit any contest immediately upon discovery of ineligible participant(s). Further, a team that has been notified of an ineligible player by the Intramural staff and continues to use that player may immediately be dropped from further competition for the remainder of that sport.

During league play and playoffs, all contests in which an ineligible player participated shall be recorded as a forfeit win for the opposing team.

### **Reinstatement Procedures for Ineligible Players:**

Participants who choose to exhibit unsportsmanlike conduct and are ejected from a contest are ineligible to participate in any Tiger Intramural activity pending official reinstatement. The guidelines which apply to reinstatement are as follows:

- No individual will be reinstated prior to a personal meeting with the Director of Tiger Intramural Sports to discuss the eligibility questions or situation.
- It is the responsibility of the player(s) to contact the Director and resolve the situation.
- Intramural office hours are normally 9:00 – 4:00 p.m. Monday through Friday. Appointments should be made by phone or email: 903-923-2070 or [reida@etbu.edu](mailto:reida@etbu.edu)
- The period of suspension shall be determined from the meeting with the player(s) and the Director. The minimum suspension for an unsportsmanlike penalty/ejection shall be one Tiger Intramural contest.

## **League Breakdowns**

Depending on participation level, sports will be classified into one or more of the following League groups:

- Men:
  - May be separated into Competitive and Recreational leagues.
  - A player may only play on ONE men's league team, and is also eligible to play on ONE co-rec team (if available).
  - See the rules for each sport in regards to if a male can play in both Competitive and Recreational leagues.
- Women:
  - May be separated into Competitive and Recreational leagues.

- A player may only play on ONE women’s league team, and is also eligible to play on ONE co-rec team (if available).
- See the rules for each sport in regards to if a female can play in both Competitive and Recreational leagues.
- Co-Rec:
  - Sport specific rules define the minimum and maximum number of male and female players that may participate at one time.
  - A team roster must include a mixture of male and female participants.
  - A separate set of rule modifications apply to co-rec leagues in all sports.
  - Due to participation numbers, co-rec leagues are rarely separated into Competitive and Recreational leagues.
  - A player may only play on ONE co-rec team, and is also eligible to play on ONE men’s and women’s team (if available).
  - See the rules for each sport in regards to both Competitive and Recreational leagues.

## Registration

Registration for all Tiger Intramurals will take place online via [www.IMLeagues.com](http://www.IMLeagues.com). All students wishing to participate in Tiger Intramurals must create an account with IMLeagues using their University-issued email (@etbu.edu).

To create an IMLeagues account:

1. Go to [www.IMLeagues.com/ETBU/registration](http://www.IMLeagues.com/ETBU/registration)

OR

Go to [www.IMLeagues.com](http://www.IMLeagues.com) and click “Create Account”

OR

Go to [www.IMLeagues.com](http://www.IMLeagues.com) and click “Log in with Facebook” if you have a Facebook account with your school email attached – this will automatically create an account, fill in your info, and join you to the school (steps 2-4).

2. Enter your information and use your school email (@etbu.edu) and submit.
3. You will be sent an activation email, click the link in the email to login and activate your IMLeagues account.
4. You should be automatically joined to your school – if not you can search schools by clicking the “Schools” link.

How to Sign up for an Intramural Sport:

1. Log in to you IMLeagues account
2. Click the “Create/Join Team” button at the top right of your User Homepage

OR

Click on the “East Texas Baptist University” link to go to your school’s homepage on IMLeagues.

3. The current sports will be displayed, click on the sport you wish to join.
4. Choose the league you wish to play in (Men’s, Women’s, or Co-Rec)
5. You can join the sport one of three ways:
  - Create a team (for team Captains)
    - i. Captains can invite members to their team by clicking the “Invite Members” link on the team page. Any invited members must accept the invitation to be joined to your team.
      1. If they already registered on IMLeagues, search their name and invite them
      2. If they haven’t registered on IMLeagues, scroll down to the “Invite by Email Address” box and input their email address. You must use their ETBU email address.
  - Join a team
    - i. Use the “Create/Join Team” button at top right of every page
    - ii. Accept a request from a captain to join a team
    - iii. Find a team and captain name on the division/league page and request to join
    - iv. Go to a captain’s player card page, view his team, and request to join
  - Join as a Free Agent
    - i. You can list yourself as a free agent in as many leagues as you’d like. You will be visible to all members of the site and can request to join teams, or post information about yourself so teams can request to add you to their team.

**\*\*NOTE\*\***

IMLeagues offers a “Live Support” button in the bottom right corner of every page, please use this button if you encounter any difficulties.

## **Registration Procedures**

The Friday before the season starts the registration for teams will be closed, meaning you must have created a team before this day. You have the ability to add and remove players from your team as the captain until the first Friday after regular season play. Teams will only be scheduled for games as long as the minimum number of players has been accepted to the team by the Friday before the regular season begins.

### **Free Agents:**

If you are interested in participating in a Tiger Intramural sport but do not have a team to play on, you are encouraged to sign up as a free agent. Visit [www.IMLeagues.com](http://www.IMLeagues.com) to create a profile (if you have not done so already). On the IMLeagues page for each team sport offered there is a place to sign up as a free agent. If a sufficient number of free agents sign up to participate in a sport, the Tiger Intramural staff will attempt to organize a team of free agents to play together. If a free agent team cannot be created, the free agent pool will be available to all teams.

Tiger Intramurals cannot guarantee that everyone who signs up as a free agent will be placed on a team. It is up to the individual teams to decide whether or not they want to accept a free agent player to their roster.

### **Captain's Duties and Responsibilities:**

Behind every successful Tiger Intramural team is a captain who is committed to learning all he/she can about the Tiger Intramural program and to represent his/her team whenever necessary. Listed below are some of the duties and responsibilities of a team captain:

- Register a team on IMLeagues.com.
- Make sure the team name is of good taste to the University standards, not offensive or negative to any person/group of people.
- Stay in close and frequent contact with the Director of Tiger Intramurals.
- Ensure that all participants who play on your team meet eligibility requirements.
- Inform all potential teammates of the need to register on IMLeagues.com by the appropriate deadlines in order to participate.
- Notify team members of date, time, and location of games. Have players at the game field or court ready to play at least 10 minutes prior to the scheduled game time.
- Take the time to completely read and familiarize yourself with the Tiger Intramurals Handbook, as well as the specific rules for the sport you are playing. Educate your teammates of these rules and guidelines.
- Be responsible for your own conduct, the conduct of your teammates, and the conduct of your fans/spectators. Ensure that all parties (team members and spectators) understand the implications of their actions.
- Inform ejected teammates that they must promptly leave the venue in which the contest is being held. Failure to leave the facility may result in a team forfeit.
- Reschedule games if necessary according to proper rescheduling guidelines.
- Default a game by contacting the Director of Tiger Intramurals if you are unable to play.



# Equipment

## **Uniforms/Apparel/Jewelry:**

Teams are encouraged to create and wear their own uniforms. Team uniforms must meet the following requirements:

- All shirts must be identical in color/appearance
- Uniforms must be completely free of any words, images, or designs that might be considered vulgar, obscene, or in bad taste. Tiger Intramural Sports staff will be the final authority on this issue.

All participants must wear appropriate attire in order to play. Jeans, khaki shorts/pants, and any other attire are not considered “athletic” by Tiger Intramurals staff on duty will not be allowed. Athletic shoes must be worn for all events/contests (except for sand volleyball). Flat, rubber-soled shoes (without cleats) must be worn in the gymnasium. Cleats may be worn during outdoor competition.

Tiger Intramurals prohibits participants from wearing any visible jewelry while participating. The ONLY exception to the policy is medical bracelets and necklaces, and these must be taped down so as to be flush with the skin. Participants wearing jewelry are putting the safety of themselves and others at risk. Watches, bracelets, rings, necklaces, chains, earrings, and other piercings must be removed.

Religion or religious beliefs do not constitute acceptable reasons for wearing jewelry during a Tiger Intramural contest. Participation in Tiger Intramurals is completely voluntary, and all Tiger Intramural guidelines must be followed by anyone who elects to participate.

It is the responsibility of the participants to return all equipment provided to them at the conclusion of any contest. Theft or intentional destruction of Tiger Intramural equipment may result in suspension of privileges from all Tiger Intramural activities without reinstatement until the next academic school year.

## **Lost and Found:**

Items left at a Tiger Intramural game site will be returned to the Lost and Found in the Student Life suite or the next evening in which an event is held at the field or gym.

# Schedules

## **Scheduling:**

Schedules will be made the Friday before any games are to be played. These schedules will be posted on IMLeagues.com for all players to see. Each player will be able to log on to their account and see when their team plays for the entire season. These schedules will be made based on leagues and how many spaces are left available in each team's time preferences. Tiger Intramurals will make every attempt to schedule all teams' games by the time preferences left available, but there is no guarantee that a team will not be scheduled a time they have listed as unavailable.

Due to circumstances beyond our control, schedules may change at any time. Any changes to the schedule will be posted to the website and IMLeagues. Please check the website for the most accurate schedules. Tiger Intramurals staff will attempt to contact the team captain if changes are to be made. Please make sure the contact information in IMLeagues is up-to-date.

Tournament brackets for sports that have a regular season will be posted on the day following the end of the regular season. These brackets will be based off of win percentage and sportsmanship. Once the teams have been placed in ranking from top to bottom they will be placed on the bracket. Once the bracket is completed it will be posted on IMLeagues.com for all players to see.

## **Rescheduling:**

Rescheduling of Tiger Intramural season play starts with the team captain:

- Contact the Director of Tiger Intramurals in person, office phone, or email and notify him/her of the reason for rescheduling.
- The Director of Tiger Intramurals will take care of contacting the opponent and working with them on potential dates.

Playoff/tournament games will only be rescheduled due to inclement weather.

## **Forfeits:**

Forfeited games count as a loss and will not be rescheduled. A team's third forfeit will result in that team being completely removed from the sport. Forfeits will be administrated according to the following guidelines:

- If no team members are present at the game field/court at the scheduled start time.
- If at least one team member is present at the scheduled start time, teams will be granted a 10-minute grace period in order to get enough participants to the game field/court to start the game. If the game has not begun after 10 minutes, it will be forfeited in favor of the team that had enough players ready to play.

**Defaults:**

If you know in advance that you will not be able to make it to a scheduled game, you can inform the Director of Tiger Intramurals and be charged with a default instead of a forfeit. Defaulted games count as a loss and will not be rescheduled. Defaults do not count towards the number of forfeits a team is allotted before their removal from the competition.

In order to default a game, a team must contact the Director of Tiger Intramurals by 3:00 p.m. the day of the game. Attempts to default games after this time will not be recognized. Defaults will not be granted at the game field/court.

**Inclement Weather:**

In the event of inclement weather, decisions regarding playing conditions will not be made before 3:00 p.m. on the day of the contest. The Director of Tiger Intramurals will be contacting everyone via email and post on IMLeagues.com. During the regular season, postponed Tiger Intramural contests will not be rescheduled if field space and season length do not permit. If inclement weather forces the stoppage of a game during competition, results will be determined as follows:

- If a game is stopped in the first half of play (or prior to 4 complete innings of softball/kickball), the result will be a tie for both teams.
  - During the regular season, the game will result in a tie.
  - During the playoffs, the game will be rescheduled and start from the beginning.
- If a game is stopped during the second half of play (or after the start of the 5<sup>th</sup> inning of softball/kickball), the score at that point will be the final result.
  - If the score is tied in a playoff game at this point, the game will be rescheduled and replayed from the point of stoppage.

## **Sportsmanship**

All students are expected to know and abide by the regulation and policies set forth by the ETBU Student Handbook, and are subject to disciplinary action by the University for any Violation of this handbook. Tiger Intramurals reserves the right to refer any incidents involving substandard student conduct to the Dean of Students.

# Facilities

Tiger Intramural events will be held at the following locations:

- Intramural Field
- Hamilton Game Room
- Keys Gymnasium
- Ornelas Gymnasium
- Ornelas Stadium
- Outdoor Recreational Center (Sand volleyball court and Basketball court)

The location of each of these facilities can be found on our home [IMLeagues.com](http://IMLeagues.com) page by going to “info” on the left side toolbar and then clicking on facilities.