

Curriculum Vitae

Dr. Amanda R. Aguilar

Assistant Professor of Kinesiology

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PROFESSIONAL PREPARATION

2021 **EdD**- Kinesiology,

University of North Carolina at Greensboro

Dissertation Committee: Dr. Diane Gill (*chair*), Dr. Erin Reifsteck, Dr. Adam Berg

Dissertation Title: *Sports Specialization and the Family: Examining the Effects Outside the Lines*

2007 **M.S.** Health & Human Performance with a concentration in Sports Administration,
Northwestern State University; Natchitoches, LA

2006 **B.S.** Psychology,

Northwestern State University; Natchitoches, LA

PROFESSIONAL EXPERIENCE

August 2021 - present

- *East Texas Baptist University Marshall, TX*
Assistant Professor, Department of Kinesiology
Courses Taught:
 - Online Lifetime Fitness (KINE 1238W)
 - Lifetime Fitness (KINE 1238)
 - Introduction to Kinesiology (KINE 1301)
 - Motor Development (KINE 2303)

August 2013- May 2021

- *East Texas Baptist University Marshall, TX*
Adjunct Instructor, Department of Kinesiology
Courses Taught:
 - Online Lifetime Fitness (KINE 1238W)
 - Lifetime Fitness (KINE 1238)
 - Cross Training (KINE 1129)
 - Racquetball (KINE 1120)
 - Health & Fitness in the Elementary School (EDUC 3301)

- Visual Arts & Motor Skills in the Elementary Classroom (EDUC 3305)
- Introduction to Kinesiology (KINE 1301)
- Motor Development (KINE 2303)

College Service

- Classroom Media Technology committee (2021)

August 2010-May 2021

- *Lamar University Beaumont, TX*
- **Online Adjunct Instructor**, Department of Health & Kinesiology
- Duties consist of instructing students in the following courses (*All courses taught online*):
 - Introduction to Physical Education (KINT 1301)
 - Motor Development (KINT 3370)
 - Atypical Child (KINT 3350)
 - Walking for Fitness (PEGA 1176)
 - Public and Consumer Health (HLTH 2374)
 - Health & Wellness (HLTH 1370)

August 2010-May 2013

- *Ruston High School, Ruston, LA*
- **Assistant Girls Basketball Coach**
- Duties consisted of coaching Freshman and Junior Varsity teams and serving as an assistant coach for the Varsity team.

August 2008-August 2010

- *Lamar University, Beaumont, TX*
- **Instructor**, Department of Health & Kinesiology
- Coordinator of Activity Program
- Duties consist of instructing students in the following courses:
 - Atypical Child (KINT 3350)
 - Growth & Motor Development (KINT 3370)
 - Kickboxing (PEGA 1277)
 - Strength Training (PEGA 1173)
 - Basketball (PEGA 2270)
 - Introduction to Physical Education (KINT 1301)
 - Movement Experiences for Young Children (KINA 3390)
 - Traditional Games (KINA 2372)
 - Health & Wellness (HLTH 1370)
 - Indoor/Outdoor Games (KINA 2370)
 - Non-Traditional Games
- College Service

- Educator Hall of Fame Committee
- Department Service includes:
 - Standardization of Activity Program
 - Writing Committee
 - Pedagogy Position Search Committee

August 2007- June 2008

- *Western Hills Elementary, Temple, TX*
- **3rd Grade Teacher**
- Duties consisted of teaching Math and Science

August 2007-June 2008

- *Temple High School, Temple, TX*
- **Assistant Girls Basketball Coach**
- Duties consisted of:
 - Head Junior Varsity coach
 - Post Coach at the Varsity Level
 - Assistant Varsity Coach

August 2006- May 2007

- *Northwestern State University, Natchitoches, Louisiana*
- **Graduate Assistant**
- The duties of a graduate assistant consist of:
 - aiding professors in their work
 - teaching a freshman level course
 - performing some secretarial duties
 - The graduate assistant position also includes work with the women's basketball program.
 - The responsibilities in this department include film exchange, recruiting, coaching, business duties, working summer camps, teaching, and clerical duties

CERTIFICATIONS

- Certified Quality Matters Reviewer (2015- present)
 - QM is a nationally recognized, faculty-centered, peer review process designed to certify the quality of online course design and online components.
 - Applying the QM Rubric (APPQMR) Completed October 2015
 - Peer Reviewer Course (PRC) Completed December 2015
 - QM Rubric Update Sixth Edition Completed June 2018

COURSES BUILT (Online and Face-to-Face)

- Introduction to Physical Education
- Introduction to Kinesiology
- Indoor/Outdoor Games
- Motor Development
- Atypical Child
- Walking for Fitness
- Public and Consumer Health
- Health & Wellness
- Lifetime Fitness

PRESENTATIONS

- **Aguilar, A.** & Gill, D. The effects of sports specialization on the family unit. Poster presented at: 35th Annual Conference of the Association for Applied Sport Psychology; 2020 Oct 21-24; Presented Virtually due to COVID.
- Gill, D., Schlosser, T. Edkins, S., Justice, B., Rosiek, M., Rockey, C. & **Aguilar, A.** (2019, January). The EdD in Kinesiology: A Doctoral Program for Scholarly Professionals. 2019 National Association for Kinesiology in Higher Education (NAKHE) National Conference.

PROFESSIONAL MEMBERSHIPS

- Association for Applied Sport Psychology (AASP)
- National Association for Kinesiology In Higher Education (NAKHE)

RELATED EXPERIENCE

- Division I Basketball player,
 - o Member of Northwestern State University women's basketball team from 2001-2005.

PROFESSIONAL AWARDS

- UNCG 2019-2020 Kate R. Barrett Student Professional Development Award

PROFESSIONAL DEVELOPMENT

- 2020- Receiving the Kate R. Barrett Award allowed me to spend four days with Dr. Daniel Gould and his faculty at Michigan State University's Institute for the Study of Youth Sport learning more about their work with youth sport.

Related Credentials
Academic & Athletic Accomplishments during High School & College

Post Graduate Accomplishments

- 2010 Louisiana High School Athletic Association's Golden Torch Award Nominee
- Member of the Southland Conference's Women's Basketball 2000s All-Decade Team

Northwestern State University College Basketball (2001-2005)

- Athletic Accomplishments
 - 2004 NCAA Woman of the Year Nominee
 - 2 time All Southland Conference (2004;2005)
 - 2004 All Louisiana First Team
 - 2005 All Louisiana Second Team
 - 2-time Southland Conference All-Tournament Team Selection (2004;2005)
 - 2004 Southland Conference Champions
 - 2004 Southland Conference Tournament Champions
 - 2004 NCAA Tournament Participant vs #1 seeded Duke Blue Devils
 - Member of NSU's 1,000pt/500 reb club
 - Finished NSU career with 1,163 points and 563 rebounds.
 - 2005 Fellowship of Christian Athletes Athlete of the Year
 - 2005 Lady Demon Award Winner
- Academic Accomplishments (College)
 - CoSIDA Academic All District VI (2004); only individual from the Southland Conference and the state of Louisiana. The award comprises 6 states and is a stepping stone to Academic All-American Honors
 - 2004 Southland Conference Student-Athlete of the Year
 - 2-time First Team All SLC Academic Team (2004; 2005)

Simpson High School; Simpson, LA

- Track (H.S.)
 - 4-time State Champion Javelin Thrower (1998-2001)
 - 4-time Class "C" State Record Holder with 2001 throw of 132'04"
 - 4-time All Vernon Parish Track Performer (1998-2001)
 - 3-time All Cenla Track Performer (1999-2001)

- Softball (H.S.)
 - 4-time All District (1998-2001)
 - Regional Quarterfinalist (1999-2001)
 - 3-time All Vernon Parish (1999-2001)
 - 4-time All State (1999-2001)

- Basketball (H.S.)
 - 2-time Class “C” State Champions (1999; 2001)
 - 4-time District Champions (1998-2001)
 - 4-time 1st Team All District (1998-2001)
 - 3-time District MVP (1999-2001)
 - 3-time 1st Team All Vernon Parish (1999-2001)
 - 3 time 1st Team All Cenla (1999-2001)
 - 3 time 1st Team All State (1999-2001)
 - 2001 Vernon Parish Female Athlete of the Year
 - Class “C” State MVP (2001)
 - Most Improved Player on All Vernon Parish Team (1999)
 - Offensive Player of the Year (2000;2001)
 - All Time Points Leader at Simpson High School with 3,623 career points.