CURRICULUM VITAE

Allen Appiah-Boateng, Ph.D., LPC NCC, & LCDC-I Assistant Professor of Counseling Education East Texas Baptist University One Tiger Drive, Marshall, Texas 75670 Phone: 903.923.2318

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EDUCATION:

2015 Ph.D. in Counselor Education & Supervision, The University of Texas at San Antonio (CACREP accredited), College of Education, San Antonio, Texas.

Dissertation title: "South Texas Elementary School Counselors' Lived Experiences Responding to Bullying Perpetrators and Survivors' Needs"

<u>Research Emphasis</u>: Effect of comprehensive elementary school counseling programs on bullying prevention/intervention and children's academic, social, and personal development; correlation between masculine gender role conflict, and men's help seeking behaviors as well as addictive behaviors including violence and risky behaviors.

2009 M. A. in Marriage & Family Therapy, Liberty University,

Post Master's Specialization: Addiction Counseling,

Liberty University/Elim Men's Recovery Home 2009-2010

2004 Advanced Certificate in Marketing

Chartered Institute of Marketing,

London, United Kingdom

2002 B. S. in Finance & Banking

Central University College,

Accra, Ghana

Licensure

LPC (#75908)	2016
LCDC-I (# 31861)	2016
NCC (#670790)	2016
Prepare-Enrich Facilitator (#1229136)	2009

Teaching Experiences

Summer 2018 to date Program Director

Clinical Mental Health Counseling Program

Behavioral Health Department

East Texas University

Spring 2017 – 2018 Assistant Professor of Counselor Education

East Texas Baptist University, Marshall Texas Department of Psychology and Sociology School Natural Sciences

Teach undergraduate and graduate courses

Undergraduate courses:

Psych 2314 Development through the Life Span

This course is a brief overview of the physical, cognitive, and psychosocial developmental changes that occur throughout the life span, from prenatal development through death.

Psychology 3302: Introduction to Marriage & Family Therapy

This course is a survey of the historical development and principal conceptualizations of marital and family counseling/therapy. Goals include a brief examination and comparison of various theories currently employed in the field with an emphasis on understanding these various methods of intervening in marriage and family issues. Subject areas to be covered include the various schools of family counseling/therapy, along with current trends and issues in marriage and family counseling/therapy.

Graduate Courses:

COUN 6313- Counseling Practicum

This course is focused on training students to integrate and apply the knowledge, skills, attitudes, and values learned throughout their counseling training program into developing a comprehensive understanding of clinical issue. It involves acquiring the techniques and knowledge of counseling. Students are expected to demonstrate at least minimal competencies in basic helping skills prior to admission to the practicum. In addition, students are tasked to demonstrate critical thinking, knowledge of self, willingness to learn, the ability to change, and an acceptance of individual and group differences in a multicultural society.

COUN 5352-Clinical Internship

The counseling internship aims facilitating student integration self-knowledge, classroom information, and research into practice through supervised application of theories and techniques of counseling. Students are tasked to be reflective practitioners — that is, practitioners who use reflective thinking and sound decision-making skills that are well-founded in established research regarding the effective, efficient practice of counseling. In this course students' professionals identity development and strong theoretical base are nurtured through case conceptualization and professional development seminars.

COUN 5305-Group Counseling & Psychotherapy

This course is a study of group developments, dynamics, process, theoretical applications, techniques and leadership skills in an experiential setting. Students will explore the major theoretical

orientations of group psychotherapy and counseling and learn to apply these theories and approaches to the treatment of mental health problems.

COUN 5300 Foundation in Clinical Mental Health Counseling

This course provides an overview of the field of mental health counseling. It includes an examination of the basic skills of counseling and therapy, the origins and applications of various therapeutic approaches, the professional roles and ethical issues that affect the practice of counseling and psychology. This course provides opportunities to explore various issues in counseling such as; career counseling and development, multiculturalism, school counseling, grief, suicide, child abuse, substance abuse, and other contemporary issues.

COUN 6301 MARRIAGE, COUPLE, AND FAMILY COUNSELING

This course provides an overview of marital and family counseling from a systems perspective. An overview of the predominant systems theories essential in working with couples and families will be presented, including selected approaches and techniques used in marriage and family therapies. Students also will engage in learning exercises and role-plays. Course content will be related conceptually to clinical concerns

Summer 2016

Adjunct Professor of Counseling,

Texas State University, San Marcos & Round Rock Campuses. College of Education Department of Counseling, Leadership, Adult Education & School Psychology Education 601 University Drive San Marcos, TX 78666-4616 512-245-3083

Taught master's level courses:

Marital, Couple, and Family Counseling: Current Theories (COUN 5367). This is a master's level course designed to examine the principles of communication and the goals of marital, couple, and family counseling. Selected theories, approaches, and techniques used in marital, couple and family counseling are examined.

Basic Counseling Techniques (COUN-5354). This course is designed to introduce students to basic counseling skills via role-play and videotape. The course also provides a general model of effective counseling, including basic communication skills and theory techniques.

Spring-2014

Teaching Assistant-Basic Counseling Techniques (COU 5393)

Instructor: Derek Robertson, Ph.D., LPC-S

Department of Counseling The University of Texas at San Antonio 501 W. César E. Chávez Blvd., Durango Building 4.122 San Antonio, Texas, 78207-4415 210-458-2600 Master's level community counseling course focusing on the development of basic communication and clinical skills needed for establishing counseling relationship and conducting therapy. Major responsibilities included lesson plan development, supervising student role-plays & providing feedback to reinforce development techniques, and grading students' discussion board assignments and tape script projects. Guess lectured on reflection of meaning and counselor burnout prevention through reflection.

Fall 2014

Teaching Assistant – CMHC Internship (COU 5683)

Instructor: Jerry Juhnke, Ed. D., LPC
Department of Counseling
University of Texas at San Antonio
501 W. César E. Chávez Blvd., Durango Building 4.122
San Antonio, Texas, 78207-4415
Phone: 210-458-2600

Master's level community counseling course providing a comprehensive clinical experience of a professional counselor in community settings, where students were expected to continue the demonstration of skills acquired during the practicum in counseling. Responsibilities included planning class activities, grading tape scripts and videos, and coaching and providing clinical feedback to students. Lectured on Basic Counseling Skills.

2012-2013

Teaching Assistant-Practicum in Counseling (COU 5683)

Instructor: Catherine Somody, Ph.D., LPC-S

Department of Counseling The University of Texas at San Antonio 501 W. César E. Chávez Blvd., Durango Building 4.122 San Antonio, Texas, 78207-4415 210-458-2055

Master's level community counseling course focusing on providing students with an initial opportunity to transition their knowledge and skills gained in prior coursework into professional practice settings. Responsibilities included helping students in their case conceptualization and refining their theoretical orientation, grading papers, and providing feedback. Supervised eight students.

2011-2012

Teaching Assistant-Group Theory & Process (COU 5233)

Instructor: Catherine Somody, Ph.D., LPC-S

Department of Counseling The University of Texas at San Antonio 501 W. César E. Chávez Blvd., Durango Building 4.122 San Antonio, Texas, 78207-4415 210-458-2600 Master's level course focusing on the study of small group theory, research, and procedures including exploring group membership and leadership behavior. Served as students' group experience facilitator, teaching and demonstrating group processing. Guest lectured on Motivational Interviewing Skills.

Summer 2012

Teaching Assistant-Group Theory & Process (COU 5233)

Instructor: Shane Haberstroth, Ph.D.

Department of Counseling The University of Texas at San Antonio 501 W. César E. Chávez Blvd., Durango Building 4.122 San Antonio, Texas, 78207-4415 210-458-2600

Master's level course focusing on the study of small group theory, research, and procedures including exploring group membership and leadership behavior. Served as students' group experience facilitator teaching and demonstrating group processing.

Summer 2008

Teaching Assistant – Group Counseling (COU 512)

Instructor: David Appleby, Ph.D., Ph.D.,

Department of Counselor Education and Family Studies Liberty University, 701 Thomas Road Campus Carter Building, Lynchburg, VA 24515 434 592-4049

Master's level Marriage & Family Therapy course providing in-depth training in group counseling methods including group counseling skills, leadership approaches, characteristics, and styles. Responsibilities included facilitating students' group experience.

Summer 2007

Teaching Assistant - Group Counseling (COU 512)

Department of Counselor Education and Family Studies *Liberty University, Lynchburg*, 701 Thomas Road Campus Carter Building, Lynchburg, VA 24515 434 592-4049

Master's level course providing in-depth training in group counseling methods including group counseling skills, appropriate selection criteria and methods, as well as leadership approaches, characteristics, and styles. Responsibilities included facilitating students' group experience.

Clinical Experiences

2016

Licensed Professional Counselor Intern New Life Counseling Center 3000 Joe DiMaggio Blvd., #88 Round Rock, Texas 78665 512-238-1700

Provide counseling to individuals, couples, and families with diverse ethnic backgrounds. Responsibilities include providing counseling to couples, families, and individuals coping with diverse psychological and emotional difficulties, including alcohol and drug abuse, anxiety, marital conflict, pre-marital counseling, depression, and PTSD. Clinical orientations: Bowen family model, motivational interviewing techniques, and masculine gender role conflicts model.

Spring & Fall 2014

Counselor (Doctoral level)

Sarabia Family Counseling Center

The University of Texas at San Antonio 501 W. César E. Chávez Blvd., Durango Building 4.122 San Antonio, Texas, 78207-4415 210-458-2055

Provided individuals, couples, and family counseling to an ethnically diverse population in the San Antonio metropolitan area. Provided clinical support to practicum students working at the center. Major presenting concerns addressed were depression, anxiety, marital conflicts, parent-child conflicts, and life stressors.

Fall 2012

Counselor Intern (Doctoral level)

Harlandale Alternative Center Boot, San Antonio

Department of Counseling The University of Texas at San Antonio 501 W. César E. Chávez Blvd., Durango Building 4.122 San Antonio, Texas, 78207-4415 210-458-2600

Provided individual and group counseling to an ethically diverse middle and high school students in a high-need, high-risk community in the Harlandale Independent School District (ISD). Major presenting concerns included a wide-range of academic, behavioral, and emotional problems, with common symptoms associated with trauma and substance abuse and other concerns relating to low economic and minority status.

Jan-Oct 2009

Site Supervisor, Amherst Middle School Central Virginia Community Services

620 Court St-Lynchburg, VA 24504 434- 847-8035

Coordinated and provided individual, group, and family counseling services to ethnically diverse middle school students with a wide variety of presenting concerns to enhance academic performance and reduce and prevent violent behaviors in classroom and on campus. Major responsibilities included overseeing the development and implementation of school-wide counseling and behavior modification programs, including supervising three clinical staff and evaluating the programs'

effectiveness. Other responsibilities included conducting intake evaluations and connecting families to resources within the community.

2008-2009 Counseling Intern (Master's level) Alliance for Families and Children

2600 Memorial Ave Ste. 201 Lynchburg, VA 24501 434- 528-5437

Provided group, couple, and individual counseling to diverse ethnic groups living in economically disadvantaged communities in the city of Lynchburg. Counseled individuals and ethnic groups presenting with a wide variety of clinical concerns including, bipolar disorder, major depression, generalized anxiety, drug and alcohol addiction, and marital conflict. Coordinated and provided psychoeducational classes on anger management (mostly court-mandated clients), post-divorce parenting education, and children of divorcing parents.

2008-2009 Counseling Intern (Master's level) Elim Home

P.O. Box 69, Madison Heights, VA 24572 434-592-5629

Provided individual and group therapy to Christian men struggling with chemical dependency and other addictive behaviors including sexual addiction and alcohol addiction. Responsibilities included the full range of treatment delivery services from assessment and evaluation to discharge planning. Provided classes on relapse prevention, alcohol and drug education, masculine gender role conflict and men's risky behaviors, and a 12-step facilitation therapy. Provided inpatient, outpatient, drug/alcohol education, and aftercare treatment programming to men. Specialized in creative program design and in blending a variety of treatment models and therapeutic approaches, including blending spirituality into programming.

Other Professional Experiences

2009-2011 Case Service Manager

D & S Residential Services,

209 East Ben White Blvd. Suite 204 Austin, Texas 78704 512- 327-8484

Planned and coordinated services to enhance the living conditions of persons diagnosed with developmental and intellectual disabilities. Responsibilities included hiring and recruiting foster care providers and direct care staff to provide living support to persons diagnosed with developmental and intellectual disabilities. Developed and implemented individual support plans (ISP) as well as evaluated these plans on a quarterly basis to ensure that persons diagnosed with developmental and intellectual disabilities met their medical, physical, and social needs

promptly. Designed and implemented training programs to help foster care and direct care providers to ensure clients' safety and meet their basic living needs. Advocated for clients' needs and support.

2006-2009 Oualified Mental Health Professional (OMHP)

Central Virginia Community Service 722 Old Graves Mill Rd Lynchburg, VA 24502 434-832-1394

Coordinated and assisted in integrating into communities in Lynchburg, individuals with intellectual and developmental disabilities through transportations and participation in major event and programs of their choice; such as Special Olympics, arts and crafts exhibitions, and other talent shows. Coordinated supportive services such as behavioral & symptom management and counseling services to reduce burnout among parents and family members.

2002-2006 Qualified Mental Health Professional (QMHP) Connection

Bluegrass Mental Health & Mental Retardation Board 1351 Newtown Pike Lexington, KY 40511-1277 859-312-2771

Provided residential and community support to individuals diagnosed with different forms of neurodevelopmental disorders. Duties included coordinating resources and support systems as well as teaching basic living skills to allow individuals to live a fulfilling life in the community. Also met with parents, guardians, mental health professionals, and medical professionals to develop and implement individuals' support plan.

Computer Skills

Internet, PC and Macintosh Operating Systems, and Microsoft Office—Excel, Word, Outlook, and PowerPoint

Publications

Chae, Kibyung & **Appiah-Boateng**, **A (in press)** Global perspectives in bullying prevention and intervention programs. *Journal of Asia Pacific Counseling*

Appiah-Boateng, A., (2015). South Texas elementary school counselors' lived experiences responding to bullying perpetrators and survivors' needs. *Proquest*

Appiah-Boateng, A., Evans, M., Zambrano, E., & Brook, M., (2014). Cultural considerations in counseling men of color. In M. Englar-Carlson, M. Evans, and T. Duffey (Eds.) *Counselors' guide to working with men* (pp. 135-158). *Alexandria, VA. American Counseling Association.*

- **Appiah-Boateng, A.** (in progress). Masculine ideology & male gender role conflict and its implication for counseling supervision.
- **Appiah-Boateng, A.** (in progress). Organizing the supervision experience using a marketing approach.
- **Appiah-Boateng, A.** & Tello, A., (in progress). Lived experiences of ethnic minority doctoral students in Counseling Education & Supervision.

Presentations

- **Appiah-Boating, A** & Chae, KiByung (October, 2015). Masculine Norms and Boys' Bullying Behavior Association of Counselor Education & Supervision's 2015 Conference & Expo
- Evans, M. P., Duffey, T., **Appiah-Boateng, A.**, Butler, K. S., Haberstroth, S., and Brooks, M., (March, 2014). Core competencies for effectively counseling men, *American Counseling Association's 2014 Conference & Expo.*
- **Appiah-Boateng, A.** (October, 2013). Personal spiritual integration in a CACREP training program, *Liberty University*, *Lynchburg*, *VA*.
- **Appiah-Boateng, A.** (March 2013). Rolling with resistance: Motivational interviewing techniques. *The University of Texas at San Antonio, Texas*.
- **Appiah-Boateng, A.** (February 2013). Doing effective counseling using the five amigos of counseling. *The University of Texas at San Antonio, Texas*.
- **Appiah-Boateng, A.** (September 2012). Racial privilege and its implication on counseling. *The University of Texas at San Antonio, Texas*.
- **Appiah-Boateng, A.** (June 2012). Masculinity, gender role conflict, & Christianity. *All Nations Assemblies of God, Austin, Texas*.
- **Appiah-Boateng, A.** (June 2011). Generational differences, acculturation, & parenting African children in America. *All Nations Assemblies of God Church Youth Conference. Round Rock, Texas.*

Professional Membership

American Counseling Association (ACA)

Professional Member

Association of Counselor Educators and Supervisors (ACES)

Professional Member

Southern Association for Counselor Education and Supervision (SACES)

Professional Member

Texas Association of Counselor Education and Supervision (TACES)

Professional Member

Texas Counseling Association (TCA)

Professional Member