

**ETBU Athletic Training Program
First Aid Provider Agreement**

This agreement serves to clearly define the roles and responsibilities of the Athletic Training Student (ATS) at East Texas Baptist University. The First Aid Provider is an unsupervised ATS during a Field Experience including on-site and off-site practices and contests. Under these conditions, the ATS is covered by ETBU liability insurance if performing *only* those skills delineated below.

Unsupervised experiences are supplemental to the athletic training student's clinical education and are not part of their formal education; however, the ATS may voluntarily remain in an unsupervised situation. The First Aid Provider must be trained in first aid techniques and be currently certified in CPR/AED.

Terminology:

Direct Supervision

The constant visual and auditory interaction between the ATS and an appropriately credentialed Approved Clinical Instructor (ACI) or Clinical Instructor (CI). The ACI or CI must be available on location to physically intervene in an emergency or educational experience. Under direct supervision, the athletic training student may perform any and all skills that have been formally taught and evaluated.

Unsupervised

Any field experience in which the ATS is acting without the physical presence of an ATC or clinical supervisor; thus making it impossible to intervene immediately.

First Aid Provider

1. Acceptable Services – The First Aid Provider may perform the following:
 - a. Application of all first-aid skills, CPR, or an Automated External Defibrillator (AED) as necessary for the care of acute injuries/illnesses. Examples: RICE, Wound Care.
 - b. Provide assistance to the athlete with the application of an established stretching routine, but may not establish a new exercise plan.
 - c. Application of tape and bandages to prevent an injury or to support an existing injury.
 - d. Application of a brace, which was previously described.
 - e. Application of splints for stabilization of an acute injury or for the protection of an existing injury provided the splint has been previously prescribed and applied to the athlete for the same injury.
 - f. Conduct a brief injury evaluation to determine the need for splinting or crutch use for safe referral.
 - g. Application of ice or hot packs as per protocols.
 - h. Refer injured/ill athlete to appropriate medical help or facility.

2. Unacceptable First Aid Provider Services (examples)
 - a. Initiate, change, or progress a rehabilitation plan.
 - b. Use electrical modalities.
 - c. Conduct an evaluation of new injury/illness other than for emergency referral.
 - d. Make return-to-play decision.
 - e. Decide to apply tape or bandages to enable an athlete to return to play.

The Athletic Training Student must consult with their absentee clinical instructor, Program Director, or Clinical Coordinator in the quickest manner available to inform the supervisor of any injury situation.

I have read, fully understand, and will adhere to the definitions, roles, and responsibilities described above.

Athletic Training Student

Date